

LISTEN * SUPPORT * ENCOURAGE



MENTORING

One to one
support for
young people

Quench
COMMUNITY



Listen

We offer a safe
listening ear, without
judgement



Support

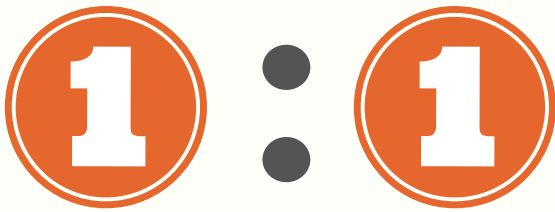
We will support you
as you navigate the
highs and lows of life



Encourage

We will encourage you
as you make positive
choices and celebrate
your achievements

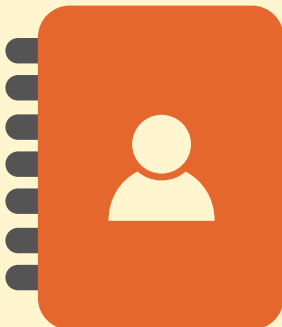
"Building a community in which all young people are supported, equipped and encouraged to thrive."



Mentoring sessions will take place in Quench Café either once a week or once a fortnight and last for 1 hour. You will be able to enjoy a soft drink and a snack as part of your session.

Your mentor is there for you, to support and encourage you, not to spy on you for your parents, teachers or anyone else.

What you say stays between you and your mentor unless there is concern over harm or offending behaviour affecting yourself or anyone else.



All mentors undergo

- ✓ an enhance DBS check
- ✓ safeguarding training
- ✓ mentoring training

www.quenchsalisbury.com

For more details, call 01722 412351

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